

Things People Admire About Me:

- I am friendly and outgoing
- My compassion for others
- Creative Problem-Solving Skills
- I am an active listener
- I always pitch in where I can help



Things that are important to me:

- My Family
- A good sense of humour
- Positive relationships with my coworkers
- Sleep at night
- Knowing I am positively contributing to my environment and society

Ways you can support me:

- I learn by doing with feedback, both positive and negative. It may take me a few tries to perfect my process.
- I can forget details when too many things are told to me at once. I like to take notes.
- I appreciate when people are straight forward. Let me know what you need or if you are too busy to chat.