



Tanya Schmid

Qualities other people like about me:

- I am outgoing, approachable, empathic and a tad bit silly
- My laughter is distinctive and memorable!
- Passionate about helping others and having a huge heart
- Hardworking and Reliable

Things that are important to me:

- Spending time with family, friends and all my pets
- Achieving the Work/Play balance
- Helping others and Kindness
- Physical, Spiritual and Mental health

How best to support me:

- Honest and strong communication
- Positive work environment
- Recognize a job well done, and an opportunity to grow
- Having others to lean on